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1 education classes has dropped from forty-two percent in 1991 to  
2 twenty-nine percent in 1999; and

3 WHEREAS, a lack of regular physical activity and poor  
4 eating habits leads to obesity, diabetes, cancer and  
5 cardiovascular disease; and

6 WHEREAS, a lack of physical activity and good eating  
7 habits during youth will likely lead to poor habits during  
8 adulthood; and

9 WHEREAS, more than fifty-five percent of adults in New  
10 Mexico are considered to be overweight or obese, as measured by  
11 having a body mass index of twenty-five or greater;

12 NOW, THEREFORE, BE IT RESOLVED BY THE LEGISLATURE OF THE  
13 STATE OF NEW MEXICO that the department of health and the state  
14 department of public education be requested to collaborate in a  
15 study of methods to increase the physical activity and improve  
16 the eating habits of youth; and

17 BE IT FURTHER RESOLVED that the departments be requested  
18 to implement those strategies that can be implemented  
19 administratively; and

20 BE IT FURTHER RESOLVED that the departments report to the  
21 appropriate interim committee of the legislature on their  
22 findings and recommendations, including those strategies that  
23 require legislative approval or funding to implement; and

24 BE IT FURTHER RESOLVED that copies of this memorial be  
25 transmitted to the secretary of health and the superintendent

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of public instruction.